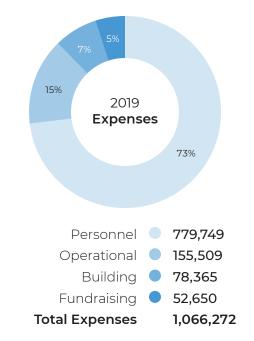
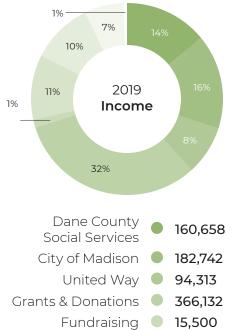


## FINANCIAL REPORT





Total Income		1,145,370
Other Income	$\bigcirc$	6,696
Rhumba 4 Rainbow		76,037
Children's Mental Health Collaborative		118,073
Client Service Fees		125,219
Fundraising		15,500
Grants & Donations		366,132
United Way		94,313

**Net Income** 

79,097





# In 2019, the Rainbow Project served 1,574 children. Since 1980, we've served 15,420.

### **OUR MISSION**

At The Rainbow Project, we provide restorative healing and hope for young children and their families who have experienced trauma, thereby helping them build a foundation for the mastery of life-sustaining skills.

### YOUR SUPPORT IS CHANGING LIVES

When families are in need of healing and hope for their future after a traumatic event, you are there for them. Your support is giving hope to children who have experienced the unimaginable. Your gift is giving these families skills to cope and hope for their futures.

### **BOUNCE BACK**

Bounce Back is a school-based group intervention for elementary students who have been exposed to stressful and traumatic events. An evidencebased curriculum is used to teach students, caregivers and school staff coping skills founded in cognitive-behavioral techniques. The group intervention also includes the creation and sharing of a trauma narrative with a trusted adult. During the 2018-2019 school year, Bounce Back was implemented in 20 schools in the Madison School District, serving 87 students and families. When assessing students trauma symptoms before and after the intervention, it was discovered that students experienced a clinically significant reduction in their symptoms after completing group.



#### 2019 BOARD OF DIRECTORS

Sharyl Kato Dr. Jonathan Vu Matt Harlowe Robin Valley-Massey Dr. Cynthia Moran Ian Carroll Treater Prestine Carola Gaines Elizabeth Champion



# 2019 Year in Review

## EARLY CHILDHOOD ZONES

The Early Childhood Zones Program is a collaborative effort between various Dane County early childhood home visitation programs to address social and emotional needs of families and children. The Rainbow Project provides culturally proficient in-home early childhood mental health services to families participating in the Early Childhood Zones Program with priority going to families in the Leopold and Sun Prairie Zones. Our goal is to provide services including assessment, intervention, referrals and advocacy for children and their families who have experienced trauma, early relational attachment challenges or other mental health concerns. Additionally, we provide mental health consultation and educational support to home visitors and other individuals working within the early childhood zones. In working collaboratively with home visitors and zone-based providers, we anticipate that families will have their emotional well being needs met.

## EARLY INTERVENTION / TREATMENT PROGRAM

A core Rainbow Program that includes a comprehensive, individualized service model providing best practice trauma informed, culturally competent services to children and families. Including assessment/ evaluation, referral, advocacy, interagency coordination, play therapy, parent education, individual/family therapy, in-home services, consultation in daycare, schools and foster homes.

### CHILDREN OF VIOLENT HOMES PREVENTION PROGRAM

A collaboration between Rainbow, Domestic Abuse Intervention Services, Briarpatch Youth Services and Family Services, to provide services across ages and needs for children/youth exposed to domestic violence.

### RAINBOW RAPID RESPONSE TEAM

This special team provides immediate response and support for children and families involved in community violence and/or trauma crisis situations. RRRT provides first response services, including crisis support, trauma screening, referral, and follow-up to ensure stabilization for children and families. The team also provides trauma focused training presentations to help raise awareness and understanding in the community of best practice responses to trauma.

### SAFE STEP PROGRAM

Rainbow collaboration with SAFE Harbor, Journey Mental Health Center, Oasis Project, Family Services and others to provide a prompt trauma assessment and support for a child and non-abusing parent following a Safe Harbor forensic interview for child abuse, child sexual abuse, neglect or domestic violence.

### COMMUNITY EDUCATION SPEAKER'S BUREAU

The Rainbow Project Community Education Coordinator and Rainbow therapists offer training in-services, workshops, seminars, and resources for a wide range of audiences working with children and families.

## 2019 Year in Review



#### FACE-KIDS

A multi-agency collaboration that provides groups for children and youth in Dane County. Groups are held in the community, schools, child care settings and the Rainbow Project. Groups focus on building positive social skills, self-esteem, anger & stress management, problem solving skills and affective development.

#### GRANDPARENTS AND OTHER RELATIVES AS PARENTS

Monthly support and education group, warm-line phone resource, monthly newsletter, child development and management resources for grandparents who are primary caregivers for their grandchildren.

#### CBITS (COGNITIVE BEHAVIORAL INTERVENTION FOR TRAUMA IN SCHOOLS)

This program is a school-based group and individual intervention for middle schoolers. It is designed to reduce symptoms of post-traumatic stress disorder and depression while also improving functioning, grades, attendance and coping skills. One therapist and one school staff member facilitate a ten-week group in the school. CBITS is in partnership with Journey Mental Health.

#### EARLY CHILDHOOD CORE PROGRAM (CONSULTATION, OBSERVATION, REFERRALS & EDUCATION)

Rainbow Project therapists partner with early childhood educators and childcare providers to offer in-depth training, support and consultation for centers throughout Dane County. Services include on-site trainings for providers and caregivers that address a wide range of topics, as well as observations of classrooms and/or specific children to address behavioral challenges.

### PROGRAM SERVICES FOR LATINO CHILDREN & FAMILIES

**De Mujer a Mujer**, a support group for Latina Women; childcare is provided. **Madres y Hijas, Yo Soy! Yo Soy Unica!**, a self-esteem building group for Latina girls and their moms and grandmothers in the public schools.

#### COACH'S CORNER: EMOTION COACHING

A ten-week long group for dads and moms where they can share their experiences and learn how to understand and coach their child's emotions. Each week participants learn skills to help make sense of their child's feelings and ultimately behaviors. Dinner and professional childcare is provided. RSVP required.