Directions to Your Safe Step Appointment:

The Rainbow Project 255-7356
831 East Washington Ave.
(Parking Lot is On East Main)

Directions to Safe Step Program at Rainbow
From the East: Take East Washington Ave towards the Capitol. Make a left on Paterson St. and a right turn onto E. Main St. We are on the right hand side. Our parking lot is surrounded by a brown wooden fence and there are purple awnings on the building.

From the West: Take the West Beltline Hwy to John Nolen Drive. Take John Nolen past the Monona Terrace and stay to the right. Veer right onto Williamson St. At the second light, make a left on Paterson and then a left onto East Main St. We are on the right hand side. Our parking lot is surrounded by a brown wooden fence and there are purple awnings on the building.

The Mental Health Center of Dane Co., Inc.
625 West Washington Avenue 280-2622
Directions to Safe Step Program at Mental Health Center
From the East: Take E. Washington Ave toward the Capitol. Make a right on Webster Street, a left on Dayton Street and another left on Fairchild Street (you will be going around the Capitol square). Turn right on W. Washington Ave. and continue to 625 W. Washington. Turn left into the parking lot.

From the West: Take the eastbound Beltline to Fish Hatchery Rd North Exit. Fish Hatchery will join with Park St. Continue north (slight left) on Park St. to West Washington Ave, where you will turn right towards the Capitol. Turn right into the parking lot.

Safe Step Program
A Partnership of:
Safe Harbor of Dane County, Inc.,
Oasis, A Program of the Parental Stress Center, Inc.,
The Rainbow Project, Inc.,
and
The Adolescent Trauma Treatment Program, A Program of the Mental Health Center of Dane County, Inc.

831 East Washington Avenue
Madison, WI 53703

Funded by a grant from the Victims of Crime Act. Sub grant No. 2001-080-04
What is the Safe Step Program?

The Safe Step Program evolved from a recognition that children and families who have been served by Safe Harbor of Dane County, Inc., as well as their families, may need additional support and follow-up within a short period of time following their interview. Through a grant funded by the Victims of Crime Act, the Safe Step Program was created to address those needs, as well as any on-going mental health needs surrounding the disclosure for families who are not insured or are under insured. The goal of the program is to provide a prompt (usually within 24 to 48 hours) assessment as to the needs of the child and family, and to link the family to appropriate services.

Both the child and the primary caregiver are given the opportunity at the assessment to discuss what they feel they need to begin the healing process.

What can I expect from the Safe Step Program?

Assessment
The assessment for the caregiver will cover areas of support systems she/he has available, coping skills, the caregiver's strengths and needs in supporting the child and whether she/he would benefit from additional individual and/or group treatment.

The assessment for the child will cover the child's support systems, coping skills and presenting symptoms. There will also be an assessment as to whether the child would benefit from additional individual and/or group treatment.

Support
The caregiver may learn about what to expect regarding the child's behavior in the next days/weeks/months. There will be support for the caregivers as they process their feelings and thoughts about the alleged abuse. Crisis planning regarding the child will also be covered.

The child will receive support regarding his/her feelings and thoughts about the alleged abuse, and will also receive age appropriate crisis planning information.

Referral
If it appears that the caregiver and/or child would benefit from additional support and/or treatment, referrals can be made to the client's designated HMO. Other possible referrals may include Oasis (group treatment for children and their families), The Rainbow Project (individual support for children and their families), Rape Crisis Center (counseling for children and adolescents who are victims of sexual violence) or the Adolescent Trauma Treatment Program through the Mental Health Center of Dane County, Inc. Some referrals require "approval" of the insurance company or HMO. Please speak with the Family Advocate at Safe Harbor if you need assistance with this. Thanks to grants from VOCA and SAMHSA, the above agencies are able to provide short term treatment services to Safe Step clients who lack adequate insurance coverage for mental health services.

Special thanks to the Wisconsin Department of Justice-VOCA grant for making this program possible.

Connecting Children and Families To Positive Support

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Contact Person: Family Advocate
Safe Harbor of Dane County, Inc.
661-9787